

The City of Grande Prairie recognizes that parks and outdoor recreation spaces are important for health and wellness. All users are encouraged to do their part to keep our community healthy by following these guidelines on outdoor activities when using parks, trails and outdoor recreation spaces:



Outdoor Recreation Guidelines

CITYOFGP.COM/COVID19

780-538-0300

VERSION 1.0

PARKS & SPORTS FIELDS

Okay

- ✔ Sports training and skills practice
- ✔ With household members, cohort members or mini leagues of up to 50 people, games of baseball and other diamond sports, football, soccer, and other field sports

Walking on trails & picnics

- ✔ (with family or cohort members)

Bootcamps/fitness programs

- ✔ (Park use permit required for greenspaces (eventpermits@cityofgp.com) or booking agreement for sport fields (bookings@eastlinkcentre.ca))

Not Okay

- ✘ Large groups (100+)

To Use Safely

- Take measures to ensure no accidental contact between participants
- Sanitize equipment before and after use
- Bring your own hand sanitizer and water

TENNIS & PICKLEBALL COURTS

Okay

- ✔ Tennis, badminton, or pickleball singles
- ✔ Doubles play only allowed with household members, cohort members or in mini leagues of up to 50

Not Okay

- ✘ Large groups (100+)

To Use Safely

- Take measures to ensure no accidental contact between participants
- Come back another time if the courts are busy
- Sanitize equipment before and after use
- Bring your own hand sanitizer and water

VOLLEYBALL & BASKETBALL COURTS

Okay

- ✔ Singles play
- ✔ Game play only allowed with household members, cohort members or in mini leagues of up to 50

Not Okay

- ✘ Large groups (100+)

To Use Safely

- Take measures to ensure no accidental contact between participants
- Come back another time if the courts are busy, or try another court
- Sanitize equipment before and after use
- Bring your own hand sanitizer and water

PLAYGROUNDS / OUTDOOR GYMS

Okay

- ✔ Use equipment
- ✔ Bring own sanitizer
- ✔ Maintain physical distance

Not Okay

- ✘ Sharing toys
- ✘ Sharing food
- ✘ Large groups (100+)

To Use Safely

- Encourage children not to share toys and no contact with others
- Consider wearing masks on the playground
- Bring your own hand sanitizer and water

BIKE / SKATE PARKS

Okay

- ✔ Skateboarding, BMX, and scooters using only individual equipment

Not Okay

- ✘ Loitering in area preventing others from safely enjoying the Park

To Use Safely

- Wait your turn to use ramps, bars, etc.
- Consider wearing a mask to limit the risk of spread to others
- Bring your own hand sanitizer and water

OVERALL RULES

- Wash or sanitize your hands
- Cough/sneeze into your elbow or a tissue
- Disinfect equipment before and after use
- Stay home if you are experiencing symptoms
- Gather in a group less than 50 people
- Maintain 2 metres from others not in your household or cohort
- Only share common equipment with your household or cohort
- NO spitting!